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**ІННОВАЦІЙНІ ТЕХНОЛОГІЇ В СИСТЕМІ
ПІДВИЩЕННЯ КВАЛІФІКАЦІЇ ФАХІВЦІВ
ФІЗИЧНОГО ВИХОВАННЯ І СПОРТУ**

ТЕЗИ ДОПОВІДЕЙ
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SPORTING TOURISM IN UNIVERSITIES

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The development of amateur sports movement is gaining significance at the contemporary stage of youth's education.

Sporting tourism is one of the most popular kind of active recreations in the world, as well as physical, spiritual and moral improvement. Tourism favours the development of all the vital psychical and morally determined qualities, cultivates the sense of collectivism, communicative abilities, love to the nature.

Amateur tourism furthers health restoration, an increase of efficiency, physical preparedness, training an organism.

It is an important component of health formation and all-round developed personality studying in university. The experience of many years of tourist club "Romantic" of Odessa National Polytechnic University (ONPU) confirms this statement.

The club has sections of pedestrian, cycle, aquatic, hiking tourism.

Annually organized:

- constant working of "Tourism school";
- participation in Ukrainian hiking tourism primacy;
- pathfinding obstacles in walking tours;
- year-round trainings in various kinds of tourism;
- participation in different tourist marathons;
- participation in traditional tours "100 km in 24 hours" across Odessa's defences;
- carrying out contests in hiking tourism in honour to A. Kotlov;
- labour landings on university's objects;

Also carried out: university's primacy among institutes and faculties in tourist all-round, its propaganda among students, music gigs, evenings of memory.

Annually accomplished tourist events:

- cognitive walking tours across historic sightseeings of Odessa and Ukraine;
- trench-raids;
- training winter and summer gatherings;
- year-round pedestrian, cycle, aquatic, hiking, ski trips;
- participation in all-Ukrainian and international contests in tourist arts.
- eco expeditions.

Much of “Romantic’s” pupils have become talented engineers, CEOs, professors, successful businessmen. And up to date they still maintain contact with “Romantic”.

The development of amateur tourism is of the most effective forms of all-round education of student youth.

The organization of amateur tourism is not an easy process that requires accomplishing efforts by the chair of physical and sporting education.

Carrying out tourist trips enables revealing talented organizers, leaders, tourist fans, and this is a ground for creating in university a tourist club with an own social directing, equipment base, tradition and so on. Participation in tourist club can be considered as an alternative to obligatory physical education courses.

According to our research, up to 24% of students go in for amateur tourism, who solve their problems by self-improving and self-assertion.

The Odessa National Polytechnic University’s experience shows that tourism will be actively developing, especially among the students, and will remain as one of the most popular kind of physical recreation and one of the mos effective form of all-round youth’s education.